

ENALAPRIL BIOTECH

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS:

S3

PROPRIETARY NAME, STRENGTH AND PHARMACEUTICAL FORM:

ENALAPRIL 5 BIOTECH: Each tablet contains enalapril maleate 5,0 mg.
ENALAPRIL 10 BIOTECH: Each tablet contains enalapril maleate 10,0 mg.
ENALAPRIL 20 BIOTECH: Each tablet contains enalapril maleate 20,0 mg.

Read all of this leaflet carefully before you start taking ENALAPRIL BIOTECH:

- Keep this leaflet. You may need to read it again
- If you have further questions, please ask your doctor or pharmacist.
- ENALAPRIL BIOTECH has been prescribed for you personally and you should not share medicine with other people. It may harm them, even if their symptoms are the same as yours.

1. WHAT ENALAPRIL BIOTECH CONTAINS:

Each ENALAPRIL 5 BIOTECH tablet contains: enalapril maleate 5,0 mg.
Each ENALAPRIL 10 BIOTECH tablet contains: enalapril maleate 10,0 mg.
Each ENALAPRIL 20 BIOTECH tablet contains: enalapril maleate 20,0 mg.

Inactive ingredients:

ENALAPRIL 5 BIOTECH: croscarmellose sodium (Ac-Di-Sol), ferric oxide (red) C177491, lactose monohydrate, magnesium stearate, maize starch P33, pregelatinised starch 1553, sodium hydrogen carbonate.

ENALAPRIL 10 BIOTECH & ENALAPRIL 20 BIOTECH: croscarmellose sodium (Ac-Di-Sol), ferric oxide (black) C177499, ferric oxide (red) C177491, lactose monohydrate, magnesium stearate, maize starch P33, pregelatinised starch 1553, sodium hydrogen carbonate.

This product contains sugar (lactose monohydrate - 232,00 mg per 5 mg tablet, 142,00 mg per 10 mg tablet and 284,00 mg per 20 mg tablet).

2. WHAT ENALAPRIL BIOTECH IS USED FOR:

Enalapril maleate, the active ingredient of ENALAPRIL BIOTECH, belongs to a group of medicines called angiotensin converting enzyme (ACE) inhibitors. It works by making your blood vessels relax and widen. This helps to lower your blood pressure. It also makes it easier for your heart to pump blood to all parts of your body.

ENALAPRIL BIOTECH is used to treat:

- High blood pressure - treating high blood pressure (hypertension) in adult patients.
- Chronic heart failure - treating adult heart failure patients with reduced heart muscle function (where your heart has difficulty pumping blood through your body).

3. BEFORE YOU START TAKING ENALAPRIL BIOTECH:

Do not take ENALAPRIL BIOTECH

- If you are allergic (hypersensitive) to enalapril maleate or to any of the other ingredients ENALAPRIL BIOTECH.
- If you are pregnant or breastfeeding.
- If you have experienced symptoms such as wheezing, swelling of the face, tongue or throat, intense itching or severe skin rashes with previous angiotensin II receptor blockers/ antagonists (ARB) or angiotensin converting enzyme (ACE) inhibitor treatment or if you or a member of your family have had these symptoms in any other circumstances (a condition called angioedema).
- If you have a serious heart disease called, hypertrophic obstructive cardiomyopathy.
- If you have aortic stenosis (narrowing of the main heart valve leading from the heart);
- If you have hypertrophic cardiomyopathy (heart muscle disease);
- If you have renal artery stenosis (narrowing of the artery supplying the kidney with blood);
- If you only have a single kidney and it has a narrow artery.
- If you are also using “water tablets” (diuretics) called potassium sparing diuretics.
- Porphyria
- If you have severe kidney function impairment.
- Concomitant use (that is to use at the same time), of fluoroquinolones (a type of antibiotic) with an ACE inhibitors (this specific type of medication), is contraindicated in patients suffering kidneys not functioning well.
- If you are taking lithium tablets (which have been prescribed to you by your doctor).
- If you are not sure if any of the above applies to you, please talk to your doctor.

Take special care with ENALAPRIL BIOTECH

Should you become pregnant while taking ENALAPRIL BIOTECH tablets, you must stop the treatment immediately and see your doctor. Your doctor will need to prescribe an alternative medicine to ENALAPRIL BIOTECH for you. If you are trying to become pregnant, you must ask your doctor to switch you to an alternative medicine for your specific condition.

ENALAPRIL BIOTECH should be used with caution in the following conditions:

- If you have a heart condition or a history thereof.
- If you have a kidney problem (the kidneys are not functioning as they should).
- If you are suffering or have previously suffered a stroke.
- If you are vomiting, have recently had severe vomiting, or have diarrhoea.
- If you are on a salt restricted diet.
- If you are taking other medication or supplements that might contain potassium or elevate your potassium levels in your body.
- Elderly patients with heart conditions are at higher risk to develop kidney failure.
- If you have recently had a kidney transplant.
- Patients with bone marrow depression have an increased risk for developing other infections due to a suppressed immune system. Your doctor may occasionally do blood tests to check whether ENALAPRIL BIOTECH has had any effect on your blood.
- If you are suffering from a persistent dry cough, you should contact your doctor. Alternative treatment may be required for your condition.
- If you have suffered a heart attack, you need to monitor your blood pressure during treatment with ENALAPRIL BIOTECH.
- Taking ENALAPRIL BIOTECH with oral anti-diabetic tablets or with insulin injections can cause a severe drop in your blood sugar levels. Caution is advised if you are suffering from diabetes.
- Allergic reactions to ENALAPRIL BIOTECH can be life threatening. If you experience swelling of the face, lips or tongue with difficulty breathing, you must go to the emergency unit at the nearest hospital.
- If you have to undergo surgery and have to receive an anaesthetic (the combination of ENALAPRIL BIOTECH and an anaesthetic may cause your blood pressure to drop extremely low).
- If you are receiving treatment to reduce your reaction to bee and wasp stings.
- Some black patients may have a reduced response to this type of medicine, when given as the only treatment, and these patients may need a higher dose.

ENALAPRIL BIOTECH should not be used in children.

Taking ENALAPRIL BIOTECH with food and drink

ENALAPRIL BIOTECH can be taken with or without food.

Pregnancy and breastfeeding

If you are pregnant or breastfeeding your baby do not take ENALAPRIL BIOTECH. Your doctor will change your medication to an alternative safer option. ENALAPRIL BIOTECH can cause serious harm to your baby. Consult your doctor immediately if you become pregnant or plan to become pregnant while taking ENALAPRIL BIOTECH.

Tell your doctor if you are breastfeeding or about to start breastfeeding.

ENALAPRIL BIOTECH is not recommended for mothers who are breastfeeding, and your doctor may choose another treatment for you if you wish to breastfeed, especially if your baby is newborn, or was born prematurely.

Driving and using machines

After taking ENALAPRIL BIOTECH, make sure that you are well enough to drive or operate machinery. Some people may feel tired or dizzy when taking ENALAPRIL BIOTECH.

Taking ENALAPRIL BIOTECH with other medicines

If you are taking other medicines on a regular basis including complementary or traditional medicines together with ENALAPRIL BIOTECH, it may cause undesirable interactions. Please consult your doctor, pharmacist or other healthcare professional for advice.

If you are using certain medicines, your doctor may need to do blood tests from time to time.

ENALAPRIL BIOTECH may interact with the following medicines:

- Other medicines to help lower your blood pressure, including beta blockers, methyl dopa, calcium channel blockers.

- Potassium supplements or salt substitutes containing potassium (medicines that increase the amount of potassium in your blood).
- Water tablets (diuretics).
- Non-steroidal anti-inflammatory medicines (NSAIDs) such as ibuprofen, naproxen, diclofenac, celecoxib or etoricoxib (medicines to relieve pain and inflammation) Muscle relaxant medicine to treat muscle or joint stiffness or some medicine used to treat rheumatoid arthritis including gold salts therapy such as sodium aurothiomalate.
- Ciclosporin (immunosuppressant therapy used after organ transplant to prevent organ rejection) used together with ENALAPRIL BIOTECH may lead to increased levels of potassium in your blood.
- Antacids may reduce the absorption of ENALAPRIL BIOTECH and must preferably be taken at least two hours apart.
- Lithium (a medicine for mental health problems).
- Antibiotics - the fluoroquinolones, as they may cause serious kidney problems.

4. HOW TO TAKE ENALAPRIL BIOTECH

Always take ENALAPRIL BIOTECH exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.

If you have the impression that the effect of ENALAPRIL BIOTECH is too strong or too weak, talk to your doctor or pharmacist.

It is important to keep taking ENALAPRIL BIOTECH every day. You can take ENALAPRIL BIOTECH with or without food.

Swallow the tablet with a drink of water. Try to take the tablet at the same time each day. This will help you to remember to take it.

High blood pressure:

- The usual starting dose of ENALAPRIL BIOTECH is 10 mg once a day. Your doctor may increase this dose to 20 mg once a day depending on blood pressure response.

Heart failure:

- The initial dose of ENALAPRIL BIOTECH is 2,5 mg (half a 5 mg tablet) and your doctor will monitor you closely to determine the initial effect on your blood pressure.
- If ENALAPRIL BIOTECH is effective and you do not experience serious side-effects, the dose may be increased gradually, according to your doctor's instructions, to the usual maintenance dose of 20 mg, given in a single dose or two divided doses.

If you take more ENALAPRIL BIOTECH than you should?

In the event of an overdose, contact your doctor or pharmacist. If neither is available, seek help at the nearest hospital immediately.

Take this leaflet and any remaining tablets with you, so that your doctor knows what you have taken. General symptoms of overdose may include:

- Very low blood pressure (therefore feeling dizzy or faint, sweaty, nausea; pale skin);
- Kidneys not functioning well;
- Fast heartbeat or irregular heartbeat (palpitations), slow heartbeat;
- Shortness of breath or struggling to breathe, anxiety;

If you forget to take ENALAPRIL BIOTECH?

If you forget to take a dose, take it as soon as you remember. However, if it is almost time for your next dose, skip the missed dose and then go on as before.

Do not take two dosages at the same time.

Effects when treatment with ENALAPRIL BIOTECH is stopped

If you stop taking ENALAPRIL BIOTECH, your blood pressure may increase again.

Do not stop taking ENALAPRIL BIOTECH without first talking to your doctor.

If you have any further questions on the use of ENALAPRIL BIOTECH, please ask your doctor or pharmacist.

5. POSSIBLE SIDE EFFECTS

ENALAPRIL BIOTECH can cause side effects.

Not all side effects reported for ENALAPRIL BIOTECH are included in this leaflet. Should your general health worsen while taking ENALAPRIL BIOTECH, please consult your doctor, pharmacist or other health care professional for advice.

Check with your doctor immediately if any of the following side effects occur

- Difficulties in breathing, with or without swelling of the face, lips, tongue and/or throat; swelling of the face, lips, tongue and/or throat, which may cause difficulties in swallowing; severe itching of the skin (with raised lumps).
- ENALAPRIL BIOTECH may cause a reduction in number of white blood cells. Your resistance to infection may be decreased and you may notice tiredness, an infection or a fever.
- Feeling extremely dizzy, fainting or hearing a ringing sound in your ears. This will occur because your blood pressure dropped too low.
- Back pain, pain in joints and muscles.
- Changes in how your liver is working, including inflammation of the liver (hepatitis). You may notice tiredness, yellowing of your skin and the whites of your eyes and flu like symptoms.

Other side effects may occur that usually do not need immediate medical attention, but please speak to your doctor as soon as possible.

The following side effects have been reported less frequently:

- Feeling dizzy/spinning sensation, nausea.
- Headache.
- Low blood pressure. This may make you feel faint or dizzy.
- Respiratory infection, runny nose, or cough.
- Changes in blood test results:

An increased amount of potassium in your blood, especially if you already have kidney problems or heart failure. If this is severe you may notice tiredness, weakness, irregular heartbeat or pins and needles.

A reduced amount of sodium in your blood. If this is severe then you may notice weakness, lack of energy, or muscle cramps.

Increased serum uric acid may cause gout (painful, swollen joints).

- Skin rash, lumpy rash (hives), itching.
- Kidney problems.

If you notice any side effects not mentioned in this leaflet or if your general health worsens while taking ENALAPRIL BIOTECH, please inform your doctor or pharmacist.

6. STORING AND DISPOSING OF ENALAPRIL BIOTECH

Store at or below 25 °C.

Store in the original packaging until use, to protect from moisture.

KEEP OUT OF SIGHT AND REACH OF CHILDREN

Do not store in your bathroom, to limit the contact with moisture in the surrounding air. Do not take your tablets after the expiry date stated on the container or outer carton.

Please return all unused or expired medicines to your pharmacist and do not dispose of these medicines in drains or sewerage systems (via wastewater or household waste)

7. PRESENTATION OF ENALAPRIL BIOTECH

Aluminium foil blister packs containing 20, 30 and 90 tablets.

8. IDENTIFICATION OF ENALAPRIL BIOTECH

ENALAPRIL 5 BIOTECH: Pink, mottled, round, flat tablets with bevelled edges, debossed with “ELP 5” on one side and scored on the other side.

ENALAPRIL 10 BIOTECH: Brownish-pink, mottled, round, flat tablets with bevelled edges, debossed with “ELP 10”.

ENALAPRIL 20 BIOTECH: Greyish-violet, mottled, round, flat tablets with bevelled edges, debossed with “ELP 20”.

9. REGISTRATION NUMBER

ENALAPRIL 5 BIOTECH: 37/7.1.3/0330

ENALAPRIL 10 BIOTECH: 37/7.1.3/0331

ENALAPRIL 20 BIOTECH: 37/7.1.3/0332

10. NAME AND REGISTRATION OF HOLDER OF THE CERTIFICATE

Biotech Laboratories (Pty) Ltd
Ground Floor, Block K West, Central Park
400 16th Road, Ranjenspark, Midrand, 1685
South Africa
Tel no. (011) 848 3050

11. DATE OF LAST REVISION

April 2019

ENALAPRIL BIOTECH

PASIËNT INLIGTINGSBLAD

SKEDULERING STATUS:

 S3

HANDELSNAAM, STERKTE EN FARMASEUTIESE VORM:

ENALAPRIL 5 BIOTECH: Elke tablet bevat enalapril maleaat 5,0 mg.
ENALAPRIL 10 BIOTECH: Elke tablet bevat enalapril maleaat 10,0 mg.
ENALAPRIL 20 BIOTECH: Elke tablet bevat enalapril maleaat 20,0 mg.

Lees hierdie inligtingsblad sorgvuldig voordat u begin ENALAPRIL BIOTECH te neem

Bêre hierdie voubiljet. Dit mag nodig wees dat u dit weer lees.

Indien u enige verdere vrae het, raadpleeg u dokter, apteker, verpleegster of enige ander gesondheidsorgverskaffer.

ENALAPRIL BIOTECH is vir u persoonlik voorgeskryf en moet nie hierdie medikasie met enige ander persone deel nie. Dit kan skadelik vir hul wees, selfs al is hul simptome dieself-de as wat u ervaar.

1. WAT ENALAPRIL BIOTECH BEVAT:

ENALAPRIL 5 BIOTECH tablet bevat: enalapril maleaat 5,0 mg elk
ENALAPRIL 10 BIOTECH tablet bevat: enalapriil maleaat 10,0 mg elk
ENALAPRIL 20 BIOTECH tablet bevat: enalapril maleaat 20,0 mg elk

Hulpstowwe:

ENALAPRIL 5 BIOTECH: kroskarmellose natrium (Ac-Di-Sol), ysteroksied (rooi) C177491, laktose monohidraat, magnesiumstearaat, mieliestysel P33, vooraf gelatineerde stylsel 1553, natriumwaterstofkarbonaat

ENALAPRIL 10 BIOTECH & ENALAPRIL 20 BIOTECH: kroskarmellose-natrium (Ac-Di-Sol), ysteroksied (swart) C177499, ysteroksied (rooi) C177491, laktose-monohidraat, magnesiumstearaat, mieliestysel P33, voorgelatinieerde stylsel 1553, natriumwaterstofkarbonaat.

Hierdie produk bevat suiker (laktosemonohydraat - 232,00 mg per 5 mg tablet, 142,00 mg per 10 mg tablet en 284.00 mg per 20 mg tablet)

2. WAARVOOR ENALAPRIL BIOTECH GEBRUIK WORD:

Enalapril maleaat, die aktiewe bestanddeel van ENALAPRIL BIOTECH, behoort tot ’n groep medisyne wat angiotensien -omskakelende ensiem (ACE) remmers genoem word. Dit werk deur u bloedvate te laat ontspan en te verbreed. Dit help om u bloeddruk te verlaag. Dit maak dit ook makliker vir u hart om bloed na alle dele van u liggaam te pomp.

ENALAPRIL BIOTECH word gebruik vir die behandeling van:

- Hoë bloeddruk - behandeling van hoë bloeddruk (hipertensie) vir volwasse pasiënte.
- Kroniese hartversaking - behandeling van pasiënte met hartversaking met ’n verminderde hartspierfunksie (waar u hart sukkel om bloed deur u liggaam te pomp).

3. VOORDAT U ENALAPRIL BIOTECH DRINK:

Moet nie ENALAPRIL BIOTECH neem as:

- u allergies (hipersensitief) is vir enalapril maleaat of vir enige van die ander bestanddele van ENALAPRIL BIOTECH.
- As u swanger is of borsvoed.
- As u simptome ondervind het soos fluitende asemhaling, swelling van die gesig, tong of keel, intense jeuk of erge veluitslag met vorige angiotensien II reseptorblokkers/ antagonistie (ARB) of behandeling met angiotensien-omskakelende ensiem (ACE) of as u of enige ander lid van u gesin hierdie simptome in onder enige ander toestand gehad het (’n toestand wat angio -oedeem genoem word).
- As u ’n ernstige hartsiekte het, hipertrofiese obstruktiwie kardiomiopatie.
- as u aortastenose het (vernouing van die hoofhartklep wat uit die hart lei);
- As u hipertrofiese kardiomiopatie (hartspiersiekte) het;
- as u nierarterie -stenose het (vernouing van die slagaar wat bloed aan die niers verskaf);
- As u siegs ’n enkele nier het en ’n nou slagaar het.
- As u ook ’watertablette’ (diuretika), kaliumbesparende diuretika, gebruik.
- Porfirie
- Gesamentlike gebruik (dit is om terselfdertyd te gebruik), van fluorkinolone (’n tipe antibiotika) met ’n ACE -remmers (hierdie spesifieke tipe medikasie), is teenaangedui by pasiënte met niere wat nie goed funksioneer nie.
- As u litiumtablette inneem (wat deur u dokter voorgeskryf is).

As u nie seker is of een van die bogenoemde op u van toepassing is nie, praat met u dokter.

Wees veral versigtig met ENALAPRIL BIOTECH

As u swanger raak terwyl u ENALAPRIL BIOTECH -tablette neem, moet u die behandeling onmiddellik staak en u dokter raadpleeg. U dokter moet ’n alternatiewe medisyne aan ENALAPRIL BIOTECH vir u voorskryf. As u swanger wil raak, moet u u dokter vra om oor te skakel na ’n alternatiewe medisyne vir u spesifieke toestand.

ENALAPRIL BIOTECH moet versigtig gebruik word in die volgende omstandighede:

- As u ’n harttoestand of ’n geskiedenis daarvan het.
- As u ’n nierprobleem het (die niere funksioneer nie soos dit moet nie).
- As u ly aan of voorheen ’n beroerte gehad het.
- As u braak, onlangs erg gebraak het of diarree gehad het.
- As u ’n soutbeperkende dieet volg.
- As u ander medikasie of aanvullings gebruik wat kalium kan bevat of u kaliumvlakke in u liggaam kan verhoog.
- Bejaarde pasiënte met harttoestande loop ’n groter risiko om nierversaking te ontwikkel.
- As u onlangs ’n nieroorplanting gehad het.
- Pasiënte met beenmurg-onderdrukking het ’n groter risiko om ander infeksies te ontwikkel as gevolg van onderdrukte immuunstelsel. U dokter kan af en toe bloedtoetse doen om te kyk of ENALAPRIL BIOTECH ’n effek op u bloed gehad het.
- As u aanhoudende droë hoes ly, moet u u dokter kontak. Alternatiewe behandeling kan nodig wees vir u toestand.
- as u ’n hartaanval gehad het, moet u u bloeddruk monitor tydens behandeling met ENALAPRIL BIOTECH.
- Die gebruik van ENALAPRIL BIOTECH saam met orale tablette teen diabetes of insulieninspuitings kan ’n ernstige afname in u bloedsuikervlakke veroorsaak. Wees versigtig as u aan diabetes ly.
- Allergiese reaksies teenoor ENALAPRIL BIOTECH kan lewensgevaarlik wees. As u swelling van die gesig, lippe of tong ondervind met asemhalingsprobleme, moet u na die noodeenheid van die naaste hospitaal gaan.
- As u ’n operasie moet ondergaan en narkose moet kry (die kombinasie van ENALAPRIL BIOTECH en ’n narkose kan veroorsaak dat u bloeddruk baie laag word).
- Sommige swart pasiënte kan ’n verminderde reaksie op hierdie tipe medisyne hê as dit as die enigste behandeling gegee word, en hierdie pasiënte benodig moontlik ’n hoër dosis.

ENALAPRIL BIOTECH moet nie in kinders gebruik word nie.

Neem van ENALAPRIL BIOTECH met voedsel en alkohol

ENALAPRIL BIOTECH kan met of sonder voedsel geneem word.

Swangerskap en borsvoeding

As u swanger is of u baba borsvoed, moet u nie ENALAPRIL BIOTECH gebruik nie. U dokter sal u medikasie verander na ’n alternatiewe veiliger opsie. ENALAPRIL BIOTECH kan u baba ernstige skade berokken. Raadpleeg u dokter onmiddellik as u swanger raak of van plan is om swanger te raak terwyl u ENALAPRIL BIOTECH gebruik. Lig u dokter in as u borsvoed of beplan om te borsvoed. ENALAPRIL BIOTECH word nie aanbeveel vir moeders wat borsvoed nie, en u dokter mag alternatiewe behandeling aanbeveel as u graag wil borsvoed, veral as u baba pas gebore is of prematuur gebore is.

Bestuur en gebruik van masjinerie

Nadat u ENALAPRIL BIOTECH geneem het, moet u seker maak dat u goed genoeg voel om te bestuur of masjinerie te bestuur. Sommige mense kan moeg of duiselig voel as hulle ENALAPRIL BIOTECH gebruik.

ENALAPRIL BIOTECH en ander medisyne

As u gereeld ander medisyne gebruik, insluitend aanvullende of tradisionele medisyne saam met ENALAPRIL BIOTECH, kan dit ongewenste interaksies veroorsaak. Raadpleeg u dokter, apteker of ander gesondheidswerker vir advies.

As u sekere medisyne gebruik, moet u dokter af en toe bloedtoetse doen.

ENALAPRIL BIOTECH kan interaksie met die volgende medisyne hê:

- Ander medisyne om u bloeddruk te verlaag, insluitend beta -blokkers, metieldopa, kalsiumkanaalblokkers.

- Kaliumaanvullings of soutvervangers wat kalium bevat (medisyne wat die hoeveelheid kalium in u bloed verhoog).
- Watertablette (diuretika).
- Nie-steroidale anti-inflammatoriese medisyne (NSAID’s) soos ibuprofen, naproxen, diklofenak, celecoxib of etoricoxib (medisyne om pyn en inflammasie te verlig)
- Spierverslappende medisyne om spier-of gewrigstyfheid te behandel, of ’n medisyne wat gebruik word vir die behandeling van rumatoïede artritis, insluitend goudsoutterapie, soos natriumurothiomalaat.
- Siklosporien (immuunonderdrukkende terapie wat na orgaanoorplanting gebruik word om orgaanverwerping te voorkom) wat saam met ENALAPRIL BIOTECH gebruik word, kan lei tot verhoogde kaliumvlakke in u bloed.
- Teensuurmiddels kan die opname van ENALAPRIL BIOTECH verminder en moet verkieslik minstens twee uur uitmekaar geneem word.
- Litium (’n medisyne vir geestesgesondheidsprobleme).
- Antibiotika - die fluorkinolone, aangesien dit ernstige nierprobleme kan veroorsaak.

4. HOE OM ENALAPRIL BIOTECH TE DRINK

Gebruik ENALAPRIL BIOTECH altyd presies soos u dokter u voorgeskryf het. Raadpleeg u dokter of apteker as u onseker is.

Raadpleeg u dokter of apteker as u die indruk kry dat die effek van ENALAPRIL BIOTECH te sterk of te swak is, , raadpleeg u dokter of apteker,

Dit is belangrik om ENALAPRIL BIOTECH elke dag te neem. U kan ENALAPRIL BIOTECH met of sonder voedsel neem.

Sluk die tablet met water. Probeer om die tablet elke dag op dieselfde tyd te neem. Dit sal help om u te onthou om die tablet te neem.

Hoë bloeddruk:

- Die gewone aanvangsdosis van ENALAPRIL BIOTECH is 10 mg een keer per dag. U dokter kan hierdie dosis verhoog tot 20 mg een keer per dag, afhangende van die bloeddruk respons

Hartversaking:

- Die aanvanklike dosis vir ENALAPRIL BIOTECH is 2,5 mg (’n halwe tablet van 5 mg) en u dokter sal u noukeurig monitor om die aanvanklike effek op u bloeddruk te bepaal.
- As ENALAPRIL BIOTECH effektief is en u nie ernstige newe-effekte ondervind nie, kan die dosis geleidelik verhoog word volgens die instruksies van u dokter, tot die gewone instandhoudings-dosis van 20 mg, in ’n enkele dosis of twee verdeelde dosisse.

As u meer ENALAPRIL BIOTECH neem as wat u moes

In die geval van ’n oordosis, kontak u dokter of apteker. As daar nie een beskikbaar is nie, soek onmiddellik hulp by die naaste hospitaal.

Neem hierdie pamflet en die oorblywende tablette saam, sodat u dokter weet wat u geneem het. Algemene simptome van oordosis kan die volgende insluit:

- Baie lae bloeddruk (voel duiselig of flou, sweet, naardie, bleek vel);
- Niere funksioneer nie goed nie
- Vinnige hartklop of onreëlmatige hartklop (hartkloppings), stadige hartklop;
- Kortasem of sukkel om asem te haal, angs;

As u vergeet om ENALAPRIL BIOTECH te neem?

As u vergeet om ’n dosis te neem, neem dit sodra u dit onthou. As dit egter amper tyd is vir u volgende dosis, slaan die gemiste dosis oor en gaan dan voort soos voorheen.

Effekte wanneer behandeling met ENALAPRIL BIOTECH gestaak word

As u ophou om ENALAPRIL BIOTECH te neem, kan u bloeddruk weer toeneem. Moenie ophou om ENALAPRIL BIOTECH te neem sonder om eers met u dokter te praat nie. Raadpleeg u dokter of apteker as u nog vrae het oor die gebruik van ENALAPRIL BIOTECH.

5. MOONTLIKE NEWE-EFFEKTE

ENALAPRIL BIOTECH kan newe-effekte veroorsaak.

Nie alle newe -effekte wat vir ENALAPRIL BIOTECH aangemeld word, word in hierdie pamflet ingesluit nie. As u algemene gesondheid versleg terwyl u ENALAPRIL BIOTECH neem, raadpleeg u dokter, apteker of ander gesondheidswerker vir advies.

Raadpleeg u dokter onmiddellik as een van die volgende newe -effekte ervaar

- Asemhalingsprobleme, met of sonder swelling van die gesig, lippe, tong en/of keel; swelling van die gesig, lippe, tong en/of keel, wat probleme met sluk kan veroorsaak; ernstige jeuk van die vel (met opgehewe knoppe).
- ENALAPRIL BIOTECH kan ’n afname in die aantal witbloedselle veroorsaak. U weerstand teen infeksie kan verminder word, en u kan moegheid, infeksie of koors ervaar.
- Uters duiselig gevoel, flou word of ’n geluid in u ore hoor. Dit gebeur omdat u bloeddruk te laag gedaal het.
- Ruggpyn, pyn in gewrigte en spiere.
- Veranderinge in die werking van u lewer, insluitend lewerontsteking (hepatitis). U kan vermoedigheid, vergeling van u vel en die wit van u oë en griepagtige simptome sien.

Ander newe -effekte kan voorkom wat gewoonlik nie onmiddellike mediese aandag nodig het nie, maar raadpleeg u dokter so gou as moontlik.

Die volgende newe -effekte is minder gereeld aangemeld:

- Duiseligheid/kopdraai -gevoel, naardie.
- Hoofpyn.
- Lae bloeddruk. Dit kan jou flou of duiselig laat voel.
- Respiratoriese infeksie, loopneus of hoes.
- Veranderinge in bloedtoetsresultate:
 - ’n Verhoogde hoeveelheid kalium in u bloed, veral as u reeds nierprobleme of hartversaking het. As dit ernstig is, kan u moegheid, swakheid, onreëlmatige hartklop of naalde en spelde ervaar ’n Verlaagde hoeveelheid natrium in u bloed. As dit ernstig is, kan u swakheid, gebrek aan energie of spierkrampe opmerk.
 - Verhoogde uriensuur in die serum kan jig veroorsaak (pynlike, geswelde gewrigte).
- Veluitslag, knopperige uitslag (korwe), jeuk
- Nierprobleme

As u enige newe -effekte opmerk wat nie in hierdie pamflet genoem word nie, of as u algemene gesondheid versleg terwyl u ENALAPRIL BIOTECH neem, moet u u dokter of apteker daarvan in kennis stel.

6. BERGING EN BEWARING VAN ENALAPRIL BIOTECH

Berg teen of benede 25 ° C.

Bêre in die oorspronklike verpakking tot gebruik, om te beskerm teen vog
BEWAAAR BUITE SIG EN BEREIK VAN KINDERS
Moenie in u badkamer berg nie, om die kontak met vog in die omliggende lug te beperk. Moenie u tablette neem na die vervaldatum op die houer of die buitenste karton nie
Stuur asseblief alle ongebruikte of verouderde medisyne aan u apteker en moet nie hierdie medisyne in dreine of rioolstelsels gooi nie (via afvalwater of huishoudelike afval)

7. AANBIEDING VAN ENALAPRIL BIOTECH

Blisterverpakkings van aluminiumfoelie met 20, 30 en 90 tablette.

8. IDENTIFIKASIE VAN ENALAPRIL BIOTECH

ENALAPRIL 5 BIOTECH: Pienk, gevlekte ronde, plat tablette met afgeronde rante met ’ELP 5’ aan die een kant en gekeep aan die ander kant.
ENALAPRIL 10 BIOTECH: Bruinpienk, gevlekte, ronde, plat tablette met afgeronde rante, met ’ELP 10’ in reliëf.
ENALAPRIL 20 BIOTECH: Grys-violet, gevlekte, ronde, plat tablette met afgeronde rante, in reliëf met “ELP 20”.

9. REGISTRASIE NOMMER

ENALAPRIL 5 BIOTECH: 37/7.1.3/0330
ENALAPRIL 10 BIOTECH: 37/7.1.3/0331
ENALAPRIL 20 BIOTECH: 37/7.1.3/0332

10. NAME AND REGISTRATION OF HOLDER OF THE CERTIFICATE

Biotech Laboratories (Edms) Bpk
Grond Vloer, Blok K Wes, Central Park
400 16de Weg, Randjespark, Midrand, 1685
Suid Afrika
Tel no. (011) 848 3050

11. DATUM VAN LAASTE HERSIENING

April 2019.